

White Rock North School - "Blue Plate Special" Winter Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>AM Snacks</u> Cheddar Cheese w/ Cut Grapes Vanilla Yogurt Parfait	Taco Soup Green Salad w/Ranch Dressing Tres Leche Cake	Chicken & Rice w/Mixed Veggies Apple Slices w/Whipped Caramel	Sloppy Joes & Tater Tots Homemade Banana Pudding	Lasagna & Rosemary Toast Salad w/Ranch Dressing Mochi Ice Cream	KITCHEN CLOSED BRING A PERSONAL LUNCH
Broccoli & Cheese Frittata Overnight Oats w/ Blueberries Biscuit w/Ham & Egg Scramble	Hot Dogs & Baked Ranch Beans Green Salad w/Ranch Dressing Mandarin Oranges	Penne Chicken Bake w/Broccoli Garlic Knots Fruit Salad	Beef Sliders w/Sweet Potato Fries Carrot & Celery cups Fruit Compote w/Ice Cream	Chicken Noodle & Veggie Soup Cheese Bread Frosted Cake	KITCHEN CLOSED BRING A PERSONAL LUNCH
<u>PM Snacks</u> Bean Dip w/ Chips Fruit Smoothie Black Bean Cheddar Quesadilla	Taco Mac Pinto Beans Green Salad w/Ranch Dressing Fresh Peaches	Warm Smoked Turkey Croissants w/Mozzarella Cheese & Chips Fresh Strawberries w/Whipped Cream	Shredded Chicken Tacos Cilantro Lime Rice Corn & Black Beans Jello w/Fruit	Beef Nachos Green Salad w/Ranch Dressing Mango Slushy	KITCHEN CLOSED BRING A PERSONAL LUNCH
Chocolate Quinoa Cookies Coconut Protein Balls Fruit & Graham Crackers w/ Yogurt	Fish Sticks Mac n Cheese Crispy Brussel Sprouts Angel Cake w/Frosting	Baked Chicken Tenders w/Waffles Broccoli Seasonal Fruit	Homemade Pepperoni Pizza Italian Salad Fresh Baked Cookies	Meatloaf Mashed Potatoes Green Beans Homemade Cherry Cobbler	KITCHEN CLOSED BRING A PERSONAL LUNCH

Milk and/or water are served with all meals. Garden Ingredients are used when available. Sack Lunches should include Fruit & a Drink.

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