

White Rock North School - "Blue Plate Special" Summer Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snacks	Grilled Ham & Cheddar Panini w/ Tomato Basil Soup	Stealthy-Healthy Spaghetti w/ Bosco Bread Romaine Salad	All Beef Hot Dogs, Sweet Potato Tots, Ranch Beans	Shredded Chicken Mini Tacos, Cilantro-Lime Rice, Mexican Salad	KITCHEN CLOSED
Cheddar Cheese w/ Cut Grapes					BRING A PERSONAL LUNCH.
Vanilla Yogurt Parfait	Apple Slices w/ Whipped Caramel	TX Sheet Cake	Grilled Fruit & Whipped Cream	Banana Pudding w/ Nilla Wafers	
PM Snacks	Grilled Ham & Cheddar Panini w/ Tomato Basil Soup	Stealthy-Healthy Spaghetti w/ Bosco Bread Romaine Salad	All Beef Hot Dogs, Sweet Potato Tots, Ranch Beans	Shredded Chicken Mini Tacos, Cilantro-Lime Rice, Mexican Salad	KITCHEN CLOSED
Bean Dip w/ Chips					BRING A PERSONAL LUNCH.
Fruit Smoothie	Apple Slices w/ Whipped Caramel	TX Sheet Cake	Grilled Fruit & Whipped Cream	Banana Pudding w/ Nilla Wafers	
Black Bean \$ Cheddar Quesadilla	All-Beef Sliders, Baked Beans, Carrot & Celery Cups	Chinese Lo-Mein w/ Mixed Veggies & Chicken Strips	Beef Nachos w/ Pintos & Queso Field Green Salad w/ Ranch	Smoked Turkey & Havarti Pinwheels w/ Summer Slaw	BRING A PERSONAL LUNCH.
Chocolate Quinoa Cookies	Watermelon Slices	Mochi Ice Cream	Stuffed Churros	Apple Crisp w Whipped Cream	
Coconut Protein Balls					BRING A PERSONAL LUNCH.
Fruit & Graham Crackers w/ Yogurt					

Milk and/or water are served with all meals. Garden Ingredients are used when available. Sack Lunches should include Fruit & a Drink.

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